Curing the Fear of Aging

The Missing Dimension in Sex, Part III

NATO SUMMIT

President Ford in Brussels
Eisaku Sato, Prime Minister of Japan eight years, 1964-1972, died June 3 from a stroke suffered May 19 while dining at a restaurant in Tokyo. He went into a coma and never regained consciousness.

He was my warm friend. He gave me considerable credit for helping in what he regarded as his greatest achievement, accomplishing the reversion of Okinawa back to Japan.

I first met him in December 1970. The morning newspapers on the day of our meeting headline a riot in Okinawa against the U.S. forces then occupying and governing the island. Mr. Sato asked me to visit Okinawa, make my own investigation into conditions there, and report it in Plain Truth. Our good friend Dr. Ohama, who, with Mrs. Ohama, is the number one private couple of Japan, was with me on that first meeting with the prime minister. Dr. Ohama, born in Okinawa, was chief non-official advisor to the government on Okinawan affairs. The Prime Minister said tempers were too heated at the moment for an immediate visit to Okinawa, but our next trip to Japan was scheduled for February 1971 and it was planned for us to visit Okinawa then, with Dr. Ohama meeting us there.

At Okinawa I interviewed the United States Army Commandant and also the Japanese Chief Executive, the President of the University, where the exchange arrangement was made between Ambassador College and the University of the Ryukyus.

I was with Prime Minister Sato at the hour of his greatest triumph — the hour just before the official signing of the reversion agreement between the U.S. and Japan. Mr. Sato’s death, I notice that his critics manage to get in their derogatory barbs — little men criticizing the one who accomplished things. It’s always that way. Lesser men who accomplish nothing seem adept at criticizing those who do.

We had counted on Mr. Sato being a board member of our new foundation in Japan, the Ambassador International Cultural Foundation.

But though we have lost a warm and important friend in Japan, we still count as friends Prime Minister Tanaka, who succeeded him, the present Prime Minister, Miki, with whom we were the first to have a private meeting after his inaugural, and a host of other warm and important friends in Japan.

FORMER JAPANESE Prime Minister Eisaku Sato, one-time winner of the Nobel peace prize.

Personal from...

I LOSE AN IMPORTANT FRIEND

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PORTUGAL — EUROPE’S CUBA?
Increasing communist influence in Portugal has raised the specter of a Soviet satellite on NATO’s doorstep.

BRITAIN: “GOING DOWN THE DRAIN”
British political cartoonists examine the economic plight of their beleaguered nation.

THE MISSING DIMENSION IN SEX
Part 3 of the Editor-in-Chief’s newly revised book.

THE BIBLE — WORLD’S MOST CONTROVERSIAL BOOK
Though widely misunderstood and misapplied, the world’s “best seller” has had a profound impact on the Western world.

ORCHIDS AND ONIONS
Readers throw a few of each our way.

IN BRIEF
General Counsel to the Editor-in-Chief, Stanley R. Rader, reports on a personal visit with Kenya’s President Jomo Kenyatta.

GARNER TED ARMSTRONG SPEAKS OUT!
The press stumbled over Mr. Ford’s unfortunate slip in Salzburg, says Editor Garner Ted Armstrong.

CURING THE FEAR OF AGING
“Gerontophobia” — the fear of growing old — is one of our most common diseases, afflicting young and old alike.

NATO SUMMIT: PREPARED SPEECHES AND FEW RESULTS

by Ray Kosanke and Henry Sturcke

BRUSSELS: The trip by President Gerald Ford to NATO headquarters here — an attempt to reassure European allies of the U.S. commitment to the 26-year-old alliance — is now history.

Yet, despite the flurry of activities, speeches, bilateral and multilateral meetings, the most immediate security threat to Europe and the West was not even mentioned in the communiqué produced at the end of the two-day NATO summit.

At a time when many Europeans are wondering about the relevance of the alliance, nothing is being done within the NATO framework to enable its European members to meet the immediate dangers facing them. The worldwide economic situation and the present reality in the Middle East — oil, the Palestinian question, the status of Jerusalem — all hang like a guillotine poised to separate Europe, Japan and the United States from their ability to continue as advanced industrial societies.

Several European leaders underlined the economic dangers. One was Britain’s Prime Minister Harold Wilson who said: “It is no good having a credible defense system, if the economic framework on which it depends lies in ruins.” German Chancellor Helmut Schmidt noted this same threat, stating that Western defense was less threatened by a specific military danger than “by the state of the world economy on which our prosperity depends.” And Norwegian Premier Trygve Bratteli saw the 15 million unemployed in the NATO area as “unworthy of our democratic societies.”

For all the speech-making, the summit served as an attempt to patch over problems threatening an archaic entity rather than generating bold new initiatives to meet present realities. At a time of growing Warsaw Pact strength in Communist Eastern Europe and a continuing threat of war in the Middle East upon which Europe depends for some 90% of its oil, concerned observers could certainly have expected more.

NATO has definitely “preserved the peace and safeguarded the freedom and prosperity of Western Europe and North America” for a quarter of a century, as former Supreme NATO Commander Andrzej Goodpaster has said. But in 1975 system of defense that does not include coverage of the Middle East really no security system at all.

France’s Foreign Minister Jean Sauvanargues did not feel that Ford visit was really necessary this time and NATO Secretary-General Joseph Luns added that it took more than a quick summit to shore up an alliance. But sensing the climate for a strong U.S. policy Europe after recent events in South Asia, he told Plain Truth Editor Garner Ted Armstrong: “Europe in the middle of your nation’s interest. Vietnam might have been in the middle of your principles, but at fringes of your interests . . . I’m not worried.”

Many European leaders are away impressed with Gerald Ford personally. As Belgian Prime Minister Leo Tindemans told Mr. Armstrong, he and several other leaders were taken away impressed with Gerald Ford open-minded and humble approach.

CURING THE FEAR OF AGING

“Gerontophobia” — the fear of growing old — is one of our most common diseases, afflicting young and old alike.

A growing number of observers doubt that such conferences, whose short duration and preparatory speeches, can ever come to grips with present, complex difficulties. The lack of real problem-solving meetings was exemplified when the final communiqué — supposedly a reflection of matters discussed and conclusions reached was read and approved within ten minutes.

Not only that, it had been far preparged ahead of time by politi aides. The security of the world is for more than this. —

WEEK ENDING JUNE 21, 1
NATO in Turmoil

PORTUGAL- EUROPE'S CUBA?

The suspension of the sole remaining non-Communist paper in Lisbon, the socialist Republica, hasprompted widespread protest in Portugal to the steady slide of that nation into Communist dictatorship.

But the protests have been ignored by the ruling Armed Forces Movement (AFM), much in the same way the AFM ignored the rebuke Portuguese voters gave to the Communist Party in the nation's first free election in over fifty years. The Communists were able to garner only 13 percent of the votes, far fewer than they had hoped for.

Proceeding with the revolution as if nothing has happened, the top 240 men in the military government now are openly talking about establishing a "dictatorship of the Proletariat.”

The AFM has brought all trade unions under Communist domination. The Communists openly control the communications and transportation sectors.

The Cuban Solution

The specter of a Soviet satellite power right on free Europe's doorstep evokes a comparison with Cuba.

The recent announcement by the AFM that it was setting up "people's organizations" and "armed militias" modeled after the Cuban revolutionary defense committees underscores the parallel. Even the local Communist press has dubbed the organizations "the Cuban solution."

Fidel Castro's Cuba, in fact, has become a prime source of inspiration for the AFM. Already several members of the ruling military group have gone to the Caribbean nation to study the island's communist revolution firsthand. At home the Cuban national ballet recently played to a packed Lisbon theater, as well as being carried live on the country's television network.

In the economic field, the ruling leftist junta has transferred over 70 percent of the economy into direct or indirect government control. Basic industries such as banking, textiles, oil, steel, and insurance have been nationalized. But the "great liberation march" to socialism has been achieved without attendant economic havoc.

Unemployment has rather quickly jumped past eight percent (the figure would be higher if accurate statistics were kept). Work stoppages and strikes have forced overall productivity down by about forty percent since the April 1974 revolution. 1974's inflation rate of 26% was the highest in Western Europe.

Portugal's once plentiful pool of foreign exchange is rapidly dwindling and will run out entirely by autumn if the current outflow is sustained. Tourism, a major source of national income, has fallen drastically and earnings sent home by Portuguese working abroad has fallen by seventy-five percent.

Opposition Stifled

Portugal's remaining opposition leaders point out that all seven members of the coordinating commission of the AFM are card-carrying members of the Communist Party.

The Portuguese Communist Party has strong ties to Moscow. Unlike the party in Spain or Italy, the Portuguese Communists endorsed the Soviet invasion of Czechoslovakia. The reports that the Soviets want the use of Portuguese ports for their navy and the consistent hostility the AFM has shown to NATO vessels indicate that Portugal is drifting out of the Western orbit. While it may still be too early to dogmatically label the military regime as a western extension of the iron curtain, it is certain that it does represent a "dictatorship of the left."

There are no opposition press. There are no right-of-center political parties; and the one center party is constantly harassed by left-wingers. Critics charge that the new secret police, called COPCON, are far more ruthless than late dictator Antonio Salazar's old Gestapo-trained security force.

Thus, it is probably only a matter of time until Portugal is proclaimed a full-fledged communist state.

European Dominions

It is no secret that the prospect of a Communist Portugal frightens Western European and NATO officials. The fear is that the Portuguese example could be duplicated in other European states, most notably Spain, Italy, Greece, Turkey, and even France, which like Italy has a formidable Communist Party.

An outright Communist Portugal could nullify the presence of the U.S. sixth fleet — already suffering the loss of key bases in the eastern Mediterranean — by adding port privileges given to the Soviet fleet. Soviet control of the strategic Portuguese Azores in the Atlantic would drastically reduce American military options in the Mideast as well as hamper U.S. surveillance of Russian submarines in the Atlantic. Most important, Soviet submarines based in Portugal could threaten the sea lanes connecting the U.S. and its NATO allies. In effect, it would form a Communist pin movement on Western Europe.

In the Common Market an inward-looking, narrow-minded, protectionist "rich man's club" devoted only to its own advancement? Critics of the nine-nation trade bloc believe that the world's least developed nations, union to power centers in Asia and the Middle East are shedding new light on the Community's influence on the world scene.

First, Sir Christopher Soames, the EC's commissioner for external affairs — in effect its Foreign Minister — announced in a Peking news conference in early May that the People's Republic of China has agreed to recognize the nine-nation Community and send an official representative to its Brussels headquarters.

In so doing, China has become the first major communist nation to recognize the EC as a bloc.

Soames added that Peking has stated its willingness to negotiate a comprehensive new trade agreement with the EC.

China's recognition of the EC did not come as a surprise to most observers. Peking has been on close terms with Western Europe and has consistently encouraged closer European unity. Most analysts see this as an outgrowth of China's desire for a strong Western Europe as a counterweight to Peking's archrival, the Soviet Union.

Last year, Chinese trade with the EC nations totaled $1.7 billion — a considerable volume, but much less than Western Europe's trade with the Soviet Union. The Soviets, however, have insisted on keeping their ties with Western Europe on a bilateral, nation-to-nation basis.

Moscow has consistently dragged its feet on recognizing and dealing with the EC as a separate, independent European power. COMECON, the East European counterpart of the EC, has headed for a separate declaration of independence from the EC.

But the recent announcements by the AFM, Spain, Italy, and France that the EC is the world's largest trading bloc, and that Portugal is the world's largest trading nation, have raised the prospect of the EC becoming a prime source of support for any Arab boycott.

Privately, some European officials expressed resentment over the wab collision with the EC. Yet Peking's extension of the EC delay of the signing of its pact with Israel until similar accords could be finalized with the three Maghreb countries, The European Union, however, refused to surrender to Arab pressure, which went ahead with the signing, despite the vetoed threat of an Arab boycott.

Despite suggestions of possible Arab retaliation, few Europeans fear that the signing of the Israeli pact will jeopardize EC-Arab links. The Arabs need close ties with Western Europe in order to develop their own fledgling economies. In addition to the three Maghreb states, the EC is currently engaged in talks with Egypt, Lebanon, Jordan, and Libya.

Some observers believe that bringing the Arabs and Israelis together into the global Common Market framework could be useful in providing an economic foundation for political settlement in the Middle East.

But beyond this, and perhaps even more significant, is the increased opportunity of Western Europe to exert real political influence in the troubled area.
National Issues Divide Commonwealth Members

by Clarence Bass

KINGSTON, Jamaica: The sensitive, potentially explosive issues of world commodity control and race relations dominated this year's Commonwealth Conference held here from April 29 to May 6.

With 33 Commonwealth heads of government in attendance, representing all shades of races and nationalities, proposed solutions ran from the conservative to the radical.

Just before Prime Minister Michael Manley opened the conference by calling on world leaders to learn to live with their differences in wealth now existing between different sections of mankind, he was too great to be tolerated.

Prime Minister Harold Wilson of Britain, who signed his government's proposal that "the wealth of the world must be redistributed in favor of the poverty-stricken and the starving". This could be done, he said, through a "general agreement on commodities." 

Scrap the World Bank?

Promoting a more radical solution, Prime Minister Forbes Burnham of Guyana suggested the wholesale dismantling of the General Agreement on Trade and Tariffs (GATT), the International Monetary Fund (IMF), and the World Bank and their reconstruction along lines more favorable to the poor nations. Burnham, who favors the organizing of producer associations or resource cartels, said the developing nations should follow the lead of the major oil-producing nations.

The Kingston Conference also confronted the sensitive issue of Southern Africa. President Nyere of Tanzania and Kaunda of Zambia took considerable time in their press conferences to emphasize their intention to take up arms if Rhodesian Prime Minister Ian Smith did not agree to negotiate a majority rule settlement with Rhodesia's Black African National Council. They indicated that guerrilla warfare in Southern Africa would have to be escalated if peaceful solutions failed. The International Press association lamented that "Zimbabwe [the African name for Rhodesia] must soldier on now, if not naturally, then by a Casus Belli operation with all its consequences." 

Bass also sent in this follow-up report:

Commonwealth Heads Cheer South Vietnam's "Liberation"

Nations, like children, like to side with a popular new "kid on the block." On the day that Saigon surrendered to the communists, Mrs. Indira Gandhi, Prime Minister of India, was addressing the Commonwealth heads of government meeting in Kingston, Jamaica. A Commonwealth source said that Mrs. Gandhi looked around the table at less fellow heads of government and said, "I think we would like to send our greetings to the Provisional Revolutionary Government." 

Prime ministers and government leaders, all Third World, lost no time in following Mrs. Gandhi's lead. "We must not forget that wars still keep breaking out," said Leonid Brezhnev to the "World Congress of Peace Forces" (mean- ing those who favor the establishment of a world government). "We must not forget that wars still keep breaking out, because wars, as a rule, in modern conditions, are the same as is true of supreme importance to the people of the United States, whose government had suffered a humiliating defeat of its Southeast Asian policy.

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Britain: "Going Down the Drain"

A worldwide economic recession has swept nearly a million Britons out of their jobs. Ominously, the unemployment figure is projected to top 1.5 million by mid-1976. Inflation, receding in other European countries, has accelerated to 25% in the last twelve months and to more than 30% since January. Unions are demanding wage hikes in excess of 40%. The pound has fallen to its lowest point ever. Britain, in the words of U.S. Federal Reserve chairman Arthur Burns, "is going down the drain." Here are some poignant views of Britain from the pens of her own political cartoonists.

SHOWDOWN OVER MIDEAST OIL?

The government of Saudi Arabia recently formalized an agreement with General Motors to establish a joint-venture automobile assembly plant. With an initial capital of $40 million, 40% of which will be held by Saudi Arabia, the new company will be called Saudi General Motors. The agreement heralds improved relations between the U.S. and Saudi Arabia.

The trend toward cooperation between the two countries was highlighted by King Khalid's April ratification of the June 1974 technical, industrial, economic and agricultural agreement between the United States and Saudi Arabia. The agreement entails the establishment of four committees to research joint projects for the two countries.

A Beneficial Relationship

The Saudis place considerable importance on American aid in their industrialization program. At the conclusion of the OPEC ministerial conference in Kuwait, Saudi Aramco's oil minister Sheikh Zaki Yamani announced that American companies whose shares in the Saudi oil industry are being bought out will be given incentives to encourage them to assist in the kingdom's industrial expansion.

Yet despite the increased cooperation between the United States and Saudi Arabia, the conflict between Western industrialized nations and oil-producing countries simmers on.

Other oil-producing countries are pressuring Saudi Arabia to abandon its moderate stand on oil prices. Algeria in particular did not like the fact that Mr. Yamani declined from openly blaming the U.S. for the failure of the April Paris energy talks.

Saudi Arabia's policy on production levels and pricing will undoubtedly depend on the attitude of Western nations toward the oil exporting countries and the nations of the Third World.

The Saudis will want to see meaningful moves toward Western monetary reform so that the purchasing power of oil revenues and the value of producers' assets will not be seriously eroded by Western inflation. The revenue of the oil-producing nations has already dropped 25% as a result of inflation. They will also want beneficial agreements relating to other raw materials.

If the Oil Doesn't Flow...

Awake to the ever-present danger of renewed oil embargoes, the United States has hinted at the possibility of military intervention against the oil countries.

"Assistant Secretary of State Thomas Enders has warned that an oil embargo would be "close to nuclear warfare" in its impact on the West, and he even went so far as to intimate that the Western powers might commandeer oil tankers on the high seas should this happen.

A rather more drastic reaction was foreseen in an astonishingly detailed plan for an American military strike against Saudi Arabian oil fields published several months ago.

More recently, James Schlesinger hinted at the use of force in the event of another oil embargo. The U.S. Secretary of Defense said that America would be less tolerant and might resort to economic, political, and "conceivably military measures in response." Naturally, the Arab world reacted angrily. Egyptian officials described Mr. Schlesinger's remarks as "tactless and untimely."

Coming Oil Conference - Compromise or Collapse?

Hopes for stable oil prices are pinned currently on a proposed July oil conference in Paris. Ambassador-at-large for the Saudi Ministry of Petroleum and Minerals, Mohamed Joukhadar, has warned that Saudi Arabia cannot continue to play the role of moderate among the OPEC members, unless there is an "open heart" meeting in Paris where concrete agreements are reached.

But will the industrial nations and the oil producing countries succeed in reaching a compromise in the demands they make of each other?

What course of action would the nations of Europe or Japan, who could survive a complete oil blockade for no more than six months, take if the Arabs were to impose another oil embargo?\n
Plain Truth has long warned of an explosion in the Middle East that will force the nations of Europe to become involved in the stability of the area. Will oil once again be the catalyst to bring about such an explosion?

If everyone in the country worked as hard as we do - we'd soon be back on our feet again."

WEEK ENDING JUNE 21, 1975
Part III

by Herbert W. Armstrong

There is much vital, basic and important knowledge beyond the powers of man to discover! Such important knowledge as what man IS, why man is here, what is his mission, purpose, end, and what is to be done and how and what man attains IN WHAT WAY he attains it -- WHAT IS THE WAY TO PEACE? All nations seek and strive for peace yet none find it. Instead, they have war! What are the true values in life? This world pursues the false!

Those are the most basic and important things man needs to know. Yet he may search for the answers in vain. He can know them only through revelation.

Such questions as how did the earth come to be, when did it come into being, how old is it, how old is human life upon it, and how did life originate absorb the time, thought, research and thinking of scientists, philosophers, historians; yet they can come up only with guesses, theories, hypotheses -- but no proof -- the definite knowledge which they could know only through revelation.

In taking to themselves the forbidden fruit, the first humans took to themselves the determination of what is good and what is evil. I repeat -- in so doing, they rejected the fact that God's living, inexorable spiritual law is the WAY of GOOD -- the CAUSE of all GOOD -- and its transgression the WAY of EVIL -- the CAUSE of all evil. Since they and humanity in general after them have taken to themselves the determination of what is good, they of necessity have followed the way that has produced all the vast mountain of evils that has descended on this sick, sick world!

They made themselves competitors of the living God. That is why it is written in Romans 8:7, "The carnal mind is enmity against God: for it is not subject to the law of God, neither indeed can be." What IS the Missing Dimension? So what, then, is the missing dimension in sex knowledge -- in ALL knowledge?

It is revelation from Almighty God! For even though rejected by the first humans -- even though rejected by man in general -- God did bequeath to mankind his revelation of basic knowledge. We have it, in the Bible. The Holy Bible is that revelation. It contains history, instruction, revelation of basic knowledge, and prophecy. It does not contain all knowledge. It contains that basic, foundational knowledge otherwise inaccessible to man!

How Shame Entered

Now we come -- in greater but necessary detail -- to the real source of this attitude of shame that bowed on the tide of the Babylonian Mystery religion into the Roman world. As stated in Part I, it had reached Greece from Egypt. Yet it stemmed from a much earlier source -- actually from the forbidden fruit incident in the Garden of Eden. There we find its real author!

The incident in the Garden of Eden set the course of human history from that moment. It determined the direction followed by humanity from the beginning until now. It is necessary that we understand more thoroughly -- even at cost of partial repetition -- just how the attitude of shame toward sex was injected into the human tradition.

God had told the first man, Adam, that he, as a man, was wholly physical. Here was the newly created man. Grasp the true starting premise. When man subordinates his own false hypothesis, the most vital dimension in the knowledge production is missing!

God's Word -- his instruction manual for mankind -- is the foundation of ALL knowledge. It is NOT the sum total of knowledge. It is the foundation -- the true premise -- the starting point -- the concept that directs the approach to the acquisition of further knowledge.

Man Should Produce Knowledge

God intended man to produce additional knowledge. He gave us the basic -- the foundation -- the premise -- the concept. But he also provided us with eyes with which to observe, with hands and feet to explore and measure, with means to produce laboratories, test tubes, and means of experimentation. He gave us awesome minds with which to think.

In this Work of God, I often fly from one place to another via jet plane. If the pilot in the cockpit would start the plane off in the wrong direction, we would reach the wrong destination. It is vitally important to start off in the right direction, from the true premise, with the right approach, in this matter of knowledge production.

God intended man to use observation, experimentation, and human reason. He supplied us with the basis -- the foundation -- the start in the right direction, with the right concept. But our first parents rejected the most vital dimension in all knowledge. And mankind has continued to reject the very foundation of all knowledge. Knowledge production has been operating without a foundation based on false premises and erroneous hypotheses.

That is the reason human knowledge production has failed to solve humanity's problems and to cure the world's ills.

Manufacturers of mechanical or electrical appliances send along an instruction manual with their product. The Bible is our Maker's instruction manual which he has sent along with the product of his making -- humanity.

Six thousand years of human misery, happiness and evils ought to provide sufficient proof for those willing to see, that humanity, starting with our first parents, rejected the most vital dimension. From this point on in this series, we shall cover the all-important subjects of sex, and marriage with the most vital dimension restored. It will prove a real eye-opener for those who are willing to see!

God had personally been with Adam and Eve. Nothing in God's instruction regarding sex had caused them to experience shame. In the privacy of this one married couple there was no shame regarding sex.

Satan uttered the first recorded lie in the history of mankind. He told mother Eve she would not surely die -- or, in other words, that she was an "immortal soul." But God says souls that sin SHALL DIE (Ezek. 18:4 and Ezek. 18:20). God said to Adam and Eve that if they took of the forbidden fruit, "Thou shalt surely die."

History's First Recorded Lie

Notice how Satan himself put in human minds the sense of shame and guilt toward sex.

In the "creation chapter," Genesis 1, it is written that in creating man, God created the physical sex organs -- "... male and female created he them" (verse 27). "And God saw everything that he had made, and, behold, it was very good" (verse 31). The physical organs of sex, then, God pronounced "very good."

God gave the first man and his wife full instruction in regard to his intended
purposes and uses of sex, as we shall cover. God ended his in-
struction — his teaching — of necessary basic spiritual and physical knowledge, as we read in Genesis 2:24:
"Therefore shall a man leave his father and his mother, and shall cleave unto his wife, and they shall be one flesh."

Then follows verse 25: "And they were both naked, the man and his wife, and were not ashamed."

Nothing can be said about this! God had been personally with Adam and Eve. The three had been talking together. Adam and Eve were naked. Nothing in God's instruction regarding husband-and-wife relationship had caused them to experience any sense of shame in regard to sex. In the privacy of this one married couple, bound in marriage by the holy God who was speaking with them, there was absolutely no sense of shame in regard to sex.

Now continue right on, next verse! See what now happened?

Remember, as originally inspired and written, the Bible was not divided into chapters and verses. These were added by uninspired men much later, as a matter of convenience, in biblical study. The very next verse, continuing immediately, is verse 1 of chapter 3:

"And the woman was more subtle than any beast of the field which the Lord God had made. And he said unto the woman, What is this thou talkest with thy husband Adam? He said, The woman whom the Lord gave to be with him said unto me, ..."

The Hebrew word meaning to cover shamefulness — to hide naked-ness, in the privacy of their own bedroom, God is invisibly present!

When God had talked with Adam and Eve, immediately following their creation, he was instructing them in a situation of husband-and-wife privacy. As long as they were the only humans, alone by themselves, God himself, free to be for all (humans are concerned), God gave them no instruction to cover their bodies.

God is everywhere present at all times — omnipresent! When a husband and wife, today, are alone in the privacy of their own bedroom, God is invisibly present.

After their children and other people — the public — "ALL LIVING" — are introduced, then, we read that God himself clothed Adam and Eve. Notice it! It appears later, in the same chapter:

"And Adam called his wife's name Eve; for they were man and woman. And the Lord God made every beast of the field, and every fowl of the air, and brought them unto Adam to see what he would call them: and whatsoever Adam called every living creature, that was the name thereof."

Notice the expression: "The Lord God — clothed them." The Hebrew word God inspired Moses to write here for "clothed" is labach. It does not mean to cover shamelessness — to hide nakedness — or any such meaning.

The Hebrew word meaning to conceal nakedness is kasah. But the word kasah was inspired to write here, labach, means, rather, the donning of apparel, raiment. It refers to outer garments rather than to underwear. It implies the idea of adorning, decorating, or displaying, rather than concealing, covering over, or hiding.

In the incident of Noah's drunkenness, he apparently had been violated by Canaan, son of Ham. Shem and Japheth, also sons of Noah, backed up with a garment on their shoulders, and "covered the nakedness of their father Noah" (Genesis 9:23). They were hiding, concealing, the result of a sinful act. Here the Hebrew word for "covered" is kasah.

So notice, God did not hide nakedness, kasah, for Adam and Eve — did not hide shamefulness, conceal nakedness — but rather he la-
banked them — adorned, clothed them. Of course this clothing did cover na-
dedness. The difference between the two Hebrew words, labach and kasah, is one of purpose and intent, rather than the fact of being covered. Both do cover nudity. But the Hebrew kasah carries the connotation of concealing or hiding something which might be shameful, while labach includes no such meaning.

God designed appearance to be contaminat-ed without hiding shamefulness. In other words, although God's clothing did cover their bodies, it did not imply any sense of shame in what God designed.

This does not mean, under any cir-
cumstances, that God would approve public nudity. Not at all. God clothed man! God intended man to keep clothes on!

The idea that sex is evil came from Satan. It was an accusation against God — an attempt to make what God designed appear to be contaminated. It was inextricably tied up with the "immortal soul" lie!

Why God Covered Them
But absolutely nothing in what you have just read justifies nudism, or nudist colonies. That is not the teaching of God at all! Rather, God himself clothed Adam and Eve. Let's now learn how — under what circumstances — he did that.

When God had talked with Adam and Eve, immediately following their creation, he was instructing them in a situation of husband-and-wife privacy. As long as they were the only humans, alone by themselves, free to be for all (humans are concerned), God gave them no instruction to cover their bodies.

In the former archangel, the cherub Lucifer, there are at least two indications that he is the real author of that evil teaching. He also is the real author of the teaching, or doctrine, 'it became a universal concept that sex is evil and shameful.' This is the satanic dualism injected into the pagan religions and into paganism of Egypt. From there it flowed into ancient Greece and then the Roman world.

This was popularized by the Greek philosopher Plato, founder of the curricular system of education. Plato wrote it in his book, The Phaedo.

It was from this "immortal soul" doctrine that the concept of sex as evil in itself stemmed.

Notice how developed!

This "immortal soul" doctrine teaches that man is dual. While it claims that the "immortal soul" is the real man and the body is merely the prison in which he is held, yet it teaches inconsistently that man is dual — both soul and body.

Thus, the real man is represented as being glorified spiritually by his soul, aside from the body, already having immortality. It represents the body — the flesh — as being essentially evil, that sex and the sex functioning are physical — of the body — and therefore, shlesly, sensible, and evil.

Thus, Satan has implanted the concept that what God designed and created is evil, while the right of reproduction is not.

Remember Satan is a spirit person — the former archangel, the cherub Lucifer — with no physical body, no sex or power of reproducing himself. Therefore he is ever-desiring to discredit them and represent them as evil — yet also to glorify himself as the only real man. Satan is the real author of prudish dualism. He also goes to the opposite extreme today. He also is the real author of the so-called new morality which is in fact gross immorality. In this extreme, Satan deceives people into accepting sex as an act of lust.

In both extremes, he deceives human-iTy into every which he seeks to destroy the human race!

This satanic doctrine of dualism is the very antithesis of God's revelation in the true facts. It is a diabolical lie!

God formed man of the dust of the ground. Man IS FLESH — matter. And God beheld everything that he had made, and, behold, IT WAS VERY GOOD! It is what man thinks and does that is sinful. But Satan blasphemes the Holy God by saying that what God made was very filthy, nasty, evil, and sin-
ful.

This is the satanic dualism injected into the original Babylonian religion of Semiramus, wife of Nimrod (Gen. 10). It spread to pagans, polytheistic religions and into Egypt. From there it flowed into ancient Greece and then the Roman world. We have already learned its injection into post-apostolic Christianity.

(To Be Continued Next Issue)
The Bible is nearly always misunderstood, often maligned, misused, ridiculed, twisted and even, to some, a source of embarrassment. Yet the Western world owes more to this misunderstood book than most realize or would care to admit. Below are a few specific keys to help you improve your Bible perspective. On the opposite page are articles on the Bible's origin and selecting a translation that's right for you.

What would the world be like today without the Bible? What if there were no written revelations to set moral and spiritual standards for man's various activities?

Few ever think of the Bible as a practical book. Few ever pause to consider the profound and very positive impact of the complete Bible on both the early and contemporary history of our Western world. Some claim, and rightly so, that biblical passages have been continuously misused and misappropriated to justify almost every evil known to man — including the use of scripture as a shield for murder; i.e., the "Christian" Crusades and the Spanish Inquisition.

But whose fault was that? It has been man, not God, who misunderstood or misused scripture.

The Legacy of Jesus

Without the Bible we would possess virtually no written record of Jesus Christ! Scanty secular accounts are only significant because the four gospels amplify Christ's biography. He is the Son of God, and our ultimate Christian example.

"The character of Jesus has not only been the highest pattern of virtue, but the strongest incentive to its practice, and has exerted so deep an influence, that it may be truly said, that the simple record of three short years of active life has done more to regenerate and soften mankind, than all the disquisitions of philosophers and than all the exhortations of moralists." (W. E. H. Lecky, History of European Morals, vol. II, p. 88).

It is basically through the "mini-biographies" of Matthew, Mark, Luke and John that the resplendent character of Jesus Christ can shine through to anybody who bothers to pick up a New Testament, open its pages and begin to read.

The Two Testaments

Many who read popular parts of the Bible content themselves with purchasing and possessing the New Testament alone, but without the Old Testament, the New Testament is robbed of its real roots. Much of the New Testament is composed of both direct and paraphrased citations from the Old. On the other hand, the Old Testament, by itself, stops considerably short of the full and complete revelation of God's plan and its central character, Jesus Christ of Nazareth.

The Jewish documents forming the Old Testament, though composed and edited over a period of nearly 1,500 years, are remarkably related to one another. Vital portions of the Law, residing in the Pentateuch (the first five books of the Bible), are repeated in different ways in the prophets and writings which follow.

Jesus put his unqualified stamp of approval on the Old Testament. "Beginning with Moses [the Pentateuch] and all the prophets, he interpreted to them in all the scriptures the things concerning himself.... Then he said to them, 'These are my words which I spoke to you, while I was still with you, that everything written about me in the law of Moses and the prophets and the psalms must be fulfilled.' Then he opened their minds to understand the scriptures [meaning the Old Testament. Not a single New Testament book was written at the time Jesus spoke these words]. ..." (Luke 24:27, 44-45. Revised Standard Version used throughout this article).

Jesus Foreseen by Moses

Jesus Christ is the tie that binds, the Old and New Testaments together. ... there is a unity that binds the whole [of the Bible] together.... The unifying principle which makes the Bible a living book has already been pointed out: it is Christ Himself, the bringer of salvation" (Bruce, The Books and the Parchments, p. 88).

A true understanding of the recorded role of Jesus begins with Moses. Luke writes of it in Acts 7:37: "This the Moses who said to the Israelites [about 1450-686 B.C.], God will raise up for you a prophet [Jesus Christ] from your brethren as he raised me up" (cf. Deut. 18:15).

Moses set a pattern of predictive prophecy about Christ that runs continuously through the threads of the Old Testament. Without Moses, and especially without David (in the Psalms) and all the prophets, the coming of the Messiah would have been totally unexpected and completely unheralded. The Magi of Matthew and the shepherds of Luke (see Matt. 2 and Luke 2) would hardly have believed the angels and come to worship the young Jesus had they not first understood the Messianic prophecies of the Old Testament.

The Wisdom Books

Even hard-headed, tough-minded businessmen who freely admit that the spiritual theme of the biblical record escapes them have benefited immensely from the practical, day-to-day wisdom of King Solomon. Who in business could deny the principle that "a slack hand causes poverty, but the hand of the diligent makes rich" (Prov. 10:4)? What thinking banker or lender would honestly quarrel with: "The rich rules over the poor, and the borrower is the slave to the lender" (Prov 22:7)?

Or in today's sea of books emanating from the publishing explosion, what student would gainsay that: "Of making many books, there is no end, and much study is a weariness of the flesh" (Ecc. 12:12).

Bible Prophecy

Without the prophetic books of Isaiah, Jeremiah, Ezekiel, Daniel, Revelation and the twelve "minor" prophets, we would know comparatively nothing of the sequence of events preceding the second coming and the utopian conditions of the world tomorrow. But through these prophetic books, we are given a skeletal framework of future events — and they are accurate. There are keys to understanding Bible prophecies as 'contained' in these books, and they are not at all mysterious or hard to understand. It just takes a little of your time — but it's study time well spent.

Man's Instruction Book

The Bible, in its true perspective, is an instruction manual from the Creator to the created — humanity.

God, through his word, tells us what we are, how to live, and how and when we can achieve our ultimate human potential. He spells out the way to peace and happiness for all humanity. The Bible contains revealed knowledge for which there is no substitute.

True, no man understands the Bible perfectly and completely. There are claimed contradictions that theologians have not resolved to every atheist's satisfaction. There are textual difficulties with which scholars are still wrestling. Only a Bible illiterate would deny these and other problems.

But God exhorts us to "grow in grace and in knowledge" — and through this process, our understanding of his Word also grows.

The Bible remains the Bible — the most unique book in all of history! Many books written about the Bible are now forever out-of-print. But the Bible itself remains the best seller in the Western world; it remains in more different languages than any other single book; it remains the guiding document of the true Christian faith.
How The Bible Was Preserved

The Bible was preserved by the blood of courageous men through the centuries. It was a slow, agonizing, painful task to put together, preserve, and place in your hands the present printed English text of Old and New Testaments we call "the Bible."

The Old Testament portion of Scripture is a record of the lives of men and women of faith. Of Abel, Enoch, Noah, Abraham, Sarah, Isaac, Jacob, Joseph, Moses, Rahab, Gideon, Caleb, Deborah, Samuel, Jephthah, David, Samuel, and many others. Without their lives, translation of the Old Testament would have been impossible. A new Old Testament there would be no scripture "written for our learning" (Rom. 15:4).

What sort of lives did they live so you could hold in your hands this God-inspired volume? Some of them suffered excruciating tortures; others had to bear mockings, chainings, scourgings, and imprisonment; still others were stoned and even sawn asunder. Read about them in Hebrews 11.

Jewish scribes carefully and faithfully preserved every "jot and tittle" of the Hebrew record, as did Greek scribes for the New Testament. Never was the task easy.

Periods of Roman persecutions against Christians were directed against this Book. Diocletian, in perhaps the most severe attempt to destroy Christianity, ordered the burning of all its sacred books in the year 303 — yet the Scriptures survived. Persecutions, imperial attacks against the Bible came to an end, and Jerome's Vulgate translation into Latin at the end of the fourth century became the accepted standard of the Western world. But the day of persecution was not over. In the 1600's, Tyndale was strangled and burned at the stake for his efforts. Others also found it dangerous to be too closely identified with the translation or circulation of the English Bible. Coverdale narrowly escaped with his life; Cranmer and Rogers were brought to the stake; many others sought safety in flight. Even men who bought or sold these early English Bibles were threatened, sometimes tried for heresy, sometimes put to death.

The Theology of Canonicity

Our English word "canonicity" is an anglicized derivative of the Greek term Kanon, meaning a "rod" or "ruler." Men and organizations of men could hardly have canonized the biblical books without proper rules or standards.

There are several possible standards, probably all used in determining final Old Testament canonicity. Among these were inspiration, internal evidence (some books of the Bible internally assert or imply themselves or other canonical books to be of divine origin), previous official public action, and the recognition of previous canonizations (i.e., Moses).

For us today, New Testament corroboration is an extremely important factor. This includes recognition of the Old Testament writings by Jesus and the apostles. Jesus corroborated the Genesis one earth-creation (Mark 13:39), the creation of Adam and Eve (Matt. 19:3-4), the historicity of Abel (Matt. 23:35), the Noachian Deluge (Luke 17:26-27), etc.

In the New Testament apostolicity is perhaps the major standard. Every book in the New Testament was written either by an apostle or by someone who was closely associated with an apostle. "So we find Mark, the companion and interpreter of Peter, committing to writing in Rome the Gospel as Peter habitually proclaimed it... and Luke, the companion of Paul, writes in two books [Luke and Acts] for Gentile readers a narrative for the beginnings of Christianity from the birth of John the Baptist up to Paul's two years' residence in Rome..." (Bruce, The Books and the Parchments, p. 107).

Buying The Right Bible (For You)

The Revised Standard Version: Perhaps the best modern version of the Bible and maybe even the best of all translations overall. Under continuing revision.

The King James Version: An excellent historical Bible. Because of its outdated 1611 English, it should be compared with a more modern version if used as a study Bible.

The Holy Scriptures (the Jewish translation of the Old Testament): Much like the KJV in the Old Testament. An entire modern version is scheduled for completion in the 80's. (The Pentateuch and the book of Isaiah are already available.)

The Living Bible: The most popular of the modern non-translations. A free-flowing paraphrase that's easy to read, but should be viewed with caution when studying biblical doctrines. Basically the ideas of one man.

The Amplified Bible: It possesses some of the features of a paraphrased version and some of the features...of a commentary... Its main purpose is to reveal other clarifying shades of meaning that may be concealed by the traditional word-for-word method of translation.


Recommenend Reading

The Worldwide Church of God publishes many informative booklets and articles on a wide range of biblical topics. Four are listed below:

(1) Read the Book

The Bible has a distinct theme running through it from Genesis to Revelation. A good way to begin your study is to first get the overview by reading through the whole Bible from start to finish.

(2) How to Study the Bible

This booklet shows you several important keys to biblical understanding. It explains the background behind Bible italics and the division into chapters and verses; also how to use a concordance.

(3) Do We Have the Complete Bible?

Some Bibles contain fourteen additional books called the Apocrypha. There are a number of valid reasons why these books were not included in the official Old Testament canon.

(4) Which Translations Should We Use?

Many translations now flood the market. Which ones have real merit, which are of less value?

(5) Significance of the Dead Sea Scrolls

Some have asserted that the ancient Dead Sea scrolls substantially alter the traditional text of the Old Testament. This article shows the importance of those scrolls and what they really show about the Old Testament text.
The Battle of the Bottles

by Robert Ginskey

The non-returnable bottle is the ubiquitous and unsightly symbol of our throw-away society. In fact, non-returnable bottles (and cans) have become so commonplace along roadways and even backwoods trails that they almost seem to be a natural part of the environment.

Ecology-minded folk have long been incensed by the wanton desecration of the environment via such indestructible bottles and cans. But the energy crisis has added a new impetus in the drive to reduce the amount of energy each year in the U.S. alone.

That energy wastage is the equivalent of:
- 1.7 billion gallons of gasoline
- 0.9 billion cubic feet of natural gas

It is the equivalent of a "prolonging and intensifying" effect during this war. (4) The idea of "civil war" is a Communist myth.

I would like a reply, if possible.

Joseph Settanni,
New York, NY

The article debunking astrology by Robert Ginskey was extremely well written and informative. So many seemingly intelligent people are taken in by astrology. As a publisher, I am writing to ask if we could have permission to reprint the article with credit to Plain Truth.

MRS. J. B. REYNOLDS,
Tampa, FL

I find myself totally enthralled by each issue of Plain Truth, but it was with real disappointment that I read how little your article on astrology went beyond the grossest popular misconceptions concerning this field. . . . Astrology has nothing to do with the occult, nothing to do with ESP, and nothing whatever to do with religions that are false and contrary to the Bible.

James Taylor,
Alexandria, VA

Please do not send Plain Truth any more. You advertise astrology. The Bible is against that very much.

Sigrid Myhre,
Brooklyn, NY

Are you people getting soft in the head? How did the enclosed pro-Communist article find its way into the Plain Truth? Please explain and apologize in your next edition, if you will.

Dr. Ted Taylor,
Manitowoc, WI

I can understand your Carol Ritter having Communist leanings and following the "pinko" line (that the war was an internal civil war in which we were meddling and prolonging), but what is such a thing doing in a RELIGIOUS paper?

Helen Gurley,
Sallislae, OK

In your last issue you quote "your strength shall be spent in vain," and apply it to the U.S. Then you say elsewhere "what a useless, heart-breaking, monstrous human tragedy we have wrought."

W.

Why does all of this prose and prophecy apply to America and not to the brutal butchers who started the war, the North Vietnamese and their Russian and Chinese comrades in slaughter?

W.

Why didn't the war start there? But they invaded South Vietnam, Cambodia, Laos, and Thailand.

W.

Why are we the bugger-war in this mess, instead of the insidious, lying, murdering Communists?

W.

Why, why, why?

Ronnie Walls,
Phoenix, AZ
**Foodhold in the Ministry** by Carole Riter, April 5, 1975, is excellent. I have written twice to Bishop John M. Alliu, presiding Bishop of the Episcopal Church, U.S.A. and received very fair, open replies. It seems now that he is being approached as a witness for a trial of a bishop who "erred" concerning recognizing the new women priests. It seems to me that people who oppose the ordination of women should overlook Christ's statements and follow instead that of Paul, who in our day would be called a male chauvinist, one who would keep women in their place according to the past and also present customs of the day. Jesus was no radical in "worldly" affairs. He did not advocate servants rising against their masters and recommended obedience to Rome. But in the case of women He was a radical: the woman poured the expensive ointment on Jesus' feet according to general opinion should have sold it and given to the poor: and Mary, the sister of Martha, was rebuked by her sister for not preceding to housework but Jesus commended her for seeking and mental spiritual uplift.

M. E. Edwards, Norris, PA

**Regarding the Plain Truth article of April 5, 1975,** "Foodhold in the Ministry," I would like to commend Mr. Donald Schroeder on his article, "Curing the Cancer of Crime," appearing in a recent Plain Truth. I am a sergeant in the Kansas City, Missouri Police Department.

For this reason, I can relate firsthand with the crime problem as it exists in Kansas City. I have been a policeman for almost eight years and the crime rate has increased substantially over seven of those eight years, despite the fact that we have more policemen on the streets. Better equipment (including a sophisticated computer to analyze and predict when and where various types of crime will occur), better trained and educated policemen, and hundreds of thousands of dollars being spent on developing new methods, experimentation, evaluation, etc. it would appear despite all this, that all of us are right back where we started. I am a Christian; therefore I totally concur with Mr. Schroeder's end causes for the tremendous increase in the crime rate (which I also believe will not decrease in the years to come). It's unfortunate indeed that top police administrators, as well as many others in the criminal justice system, cannot see the truth and continue to waste time and effort dealing with the effects of crime rather than the "real" causes. How long will it take for all of us to wake up?

James T. Todd, Kansas City, MO

I am totally intrigued with your stand on profanity. On page 6 of your March 22 issue, you honor us with both the evils of profanity and then on page 14 you indulge yourself in it not only profanity but obscenity.

"Weirdos, oddballs, nits, scatterbrains, idiots, anarchists, imbeciles..." From having read your publication it was my understanding that we are to love (by God's law) even our enemies. Do these terms indicate love? I believe not.

Ruth Elliot, Ottawa, KS

Many thanks for the "Confessions of a Nonsmoker" by Ron Beidack. It is an excellent article just that it speaks about my feelings perfectly, but for one thing. I think that Mr. Beidack is far too generous. I for one have long since given up trying to understand the smoker. They have got to be the most inconsiderate human being alive, totally oblivious to the rest of us. Even those who ask before they light up - they still light up and casually blow their poisons for all to inhale! If a non-smoker tries to explain his side of it... they turn aside and look at the floor. I still give up on inflicting their filthy habit with never a word or a challenge. Do these a bit more personal... I would just as well kiss a dirty ashy cigarette. Augustine A. Campbell, New York, NY

I have been sending you onions, but now I have an orchad for you. I think the article...
Press Stumbles Over Mr. Ford's Slip

Washington, D.C.

A microcosm of the world crisis in leadership, U.S. President Gerald Ford is presently engaged in a leadership crisis of his own. I have not been front row for the barefooted Ford's arrival and opening commentary to the assembled delegates of the NATO nations in the much publicized NATO Summit Conference at Brussels, Belgium.

In a private discussion and in a televised interview with Prime Minister Leo Tindemans of Belgium on the following morning, I asked him what his personal impressions of President Gerald Ford were. His remarks were very favorable, and he told me he was quite impressed with Mr. Ford as an open-minded, candid, honest and strong personality.

As an observer in Brussels, I, too, was impressed with President Ford's comments and with his personal magnetism as he delivered his speech at the Brussels airport soon after his arrival and greeting by Belgian King Baudouin and the Secretary General of NATO, Joseph Luns.

But merely seeing Mr. Ford in person for the first time and hearing the remarks of at least one foreign official concerning his impressions of President Ford as a leader can hardly serve to allay the doubts concerning the strengths of President Ford in the minds of many leaders in Europe, the Arab states, and even within the United States Congress and among the general public.

I am writing this column in Washington, D.C. and have just returned from the capital lawn where I taped an "on-the-spot" radio broadcast.

Perhaps my perspective must be somewhat prejudiced. But during the broadcast I could not help but remark on the incredible ignominy at arriving back to my home country to be greeted by two large, front-page pictures in the Washington Post showing President Ford slipping on the rain-wet stairs upon his arrival in Salzburg, Austria, for talks with the Egyptian President Anwar Sadat and — in, an accompanying photo equal as large (they measured approximately 5" x 5" each) was a picture of the President stooping to the floor trying to prevent himself from falling as he stumbled on a carpeted stairway and had to be steadied by Egyptian President Anwar Sadat and a military aide.

Frankly, I was outraged. Why must the press feel it is their major responsibility to insure we see in the American public and the entirety of the world in general escape noticing the slightest mistake, the most common and natural happenstance, and especially the most insignificant indignity which might be suffered by a leader?

Show Strength, Not Weakness

During the many years of the Franklin Delano Roosevelt Administration, the American public never saw Mr. Roosevelt in a wheelchair. Viewers would see full-bust exposures of the President as he spoke dynamically and forcibly on television. They would see dramatic photographs, in very striking poses, of a man who appeared to be in supreme command of himself — exuding confidence, wisdom, and a powerful personal magnetism which reflected the very essence of the power of the United States. He was a forceful leader who was clearly in command, even when seated with the "Big Three." Now all that has changed. Where obviously a President of the United States was accorded a certain measure of respect from the press and photographers in particular — so that the American public was never allowed to see a President as a cripple, on the very plain and obvious assumption that such a picture immediately connotes weakness — today you can expect to see, emblazoned across the front page of one of the leading dailies in the nation's capital, pictures of a very un dignified tumble down the steps of a rain-slick environment, at an airport or another stumble on a carpeted stairway.

A crisis in leadership? Yes, precisely that. The U.S. has suffered too many humiliating reversals in the past few years — from the Bay of Pigs to Gary Powers, from the Pueblo to Vietnam. And taking all such humiliations was Watergate, which served to weaken U.S. prestige and credibility abroad more than all other such events combined.

So it is utterly naive to think that the Mayaguez incident could erase all that. But it is time when, as never before, the United States government and people require decisive leadership in the world at large.

It matters little that Mr. Gerald Ford is not the clear choice of an electorate majority. He is nevertheless the President of the United States of America, still the most powerful single nation the world has ever known. As such, Mr. Gerald Ford needs to continually display determination, strength, resolve, singleness of purpose, and the very essence of the leadership. This is his post, and he has been striving mightily to fulfill it.

"If It Happens, It's News"

Personally, I cannot understand why our American press must feel "if it happens, it's news." I would far rather see, upon my return to guard, my heart greeted upon my return to guard, my heart greeted by the simplest courtesy of any dignitary suffered by a leader?

Why must the press feel it is their most serious responsibility to insure that the world never escapes noticing the slightest indignity suffered by a leader?

One Picture Could Destroy a Thousand Words

The United States is most definitely expected to act like a strong and powerful nation by European leaders.

But if we in this country cannot respect and support our President when he is abroad, by the simplest courtesy of placing a picture showing weakness in favor of one which would show strength, then I must view our impeding bicentennial celebration with a certain measure of pessimism. As Mr. Ford strives to portray the image of a forceful leader abroad, our press strives to portray the image of a fiddling-footed President at home.

They may as well have labeled the pictures "Ford Stumbles in Europe." And it could well be, through this peculiar twist of photographic psychology, that any real successes Mr. Ford has achieved through his trip abroad might be wiped out by the instantaneous click of a motorized camera — held by an eager photographer, making sure he has exposed at least seven frames while the President fell three steps.

Somehow, the choice of pictures by the editors of our newspapers seems obviously symptomatic of this curious American phenomenon that I have been describing. And it must be thoroughly understood and stamped out before it finally destroys us all.

We are apparently no longer proud to be Americans. We are apparently no longer proud of our country, proud of our flag, proud of our national institutions nor proud of our President.

As for me, I must be some sort of a square exception. For when I saw the President of the United States emerge from the door of the Presidential Boeing 707 at the Brussels Airport to be greeted by King Baudouin and an honor guard, my heart swelled. I found myself growing a little bit proud of the fact that the leader of the country which has given me every precious freedom a human being could ever want was so graciously received with the respect and the dignity accorded a man of such towering integrity.

What a pity the man cannot be so received by those in the country which he serves.

in Brief

(Continued from page 1)

God will intervene and man will be required to live in accordance with the laws of God, which, of course, are based upon love.

Mr. Armstrong has emphasized often that the world is indeed a small place, and today distance has been greatly diminished by the jet aircraft and the modern means of communication. But, as Mr. Armstrong has so often noted, despite the tremendous increase in knowledge and technology, there has been a missing dimension in modern education and man remains controlled by his human nature and his basic selfishness. I am sure all readers of Plain Truth can appreciate very well the tremendous affluence that Mr. Armstrong and President Kenyatta felt for one another — the President having worked his whole life to free his people and to lead his nation triumphantly into independence — and independence based upon the dignity of man — and Mr. Armstrong having dedicated his life to bringing his message to mankind — a message that will bring an abundant and happy life and to realize its incredible human potential.
# The Garner-Ted Armstrong Broadcast

## Weekly Log

### Eastern Time

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### Canadian Stations

- **Atlantic Time**
  - Bangor, ME
  - Portland, ME
- **Des Moines**
  - Omaha, NE
  - Kansas City, MO
- **Chicago**
  - Milwaukee, WI
  - Minneapolis, MN
- **Cleveland**
  - Detroit, MI
- **Dayton**
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- **Chicago**
  - Milwaukee, WI
  - Minneapolis, MN
- **Cleveland**
  - Detroit, MI
- **Dayton**
  - Detroit, MI

### Central Time

- **Austin**
  - Dallas, TX
  - Fort Worth, TX
- **Birmingham**
  - Huntsville, AL
  - Mobile, AL
- **Baton Rouge**
  - Shreveport, LA
  - Alexandria, LA

### Mountain Time

- **Billings**
  - Great Falls, MT
  - Missoula, MT
- **Las Vegas**
  - Salt Lake City, UT
  - Reno, NV
- **Phoenix**
  - Tucson, AZ
  - Yuma, AZ

### Pacific Time

- **Seattle**
  - Portland, OR
  - Los Angeles, CA
- **San Francisco**
  - San Jose, CA
  - San Francisco, CA
- **Los Angeles**
  - San Diego, CA
  - Phoenix, AZ
- **Portland**
  - Seattle, WA
  - Portland, OR
- **San Francisco**
  - San Jose, CA
  - San Francisco, CA
- **Los Angeles**
  - San Diego, CA
  - Phoenix, AZ
- **Portland**
  - Seattle, WA
  - Portland, OR

### Canadian Stations

- **Halifax**
  - St. John's, NF
  - Fredericton, NB
- **Moncton**
  - Fredericton, NB
  - Moncton, NB
- **Halifax**
  - Sydney, NS
  - Halifax, NS
Old people are grumpy, crochety, dissident, decrepit, depressed, depressed, overworked, washed up, and unable or unwilling to learn new skills. They've seen better days. They're set in their ways. They're sexless, tired, irregular, paranoid, and neurotic. And, of course, they're all alike.

-Alan Horswell, circa the Pepsi Generation

If you think you're living in the land of the free and the home of the brave, just look at the billboards or TV sets used during the commercials.

"Nothing but hair color," the commercial says, but the "body" is always young, male and Apollonian, or young and voluptuous - above all young. Even the nicest sedate sedan must be sold by a slithering, sensuous siren. The hoary head, however, hawks nothing but laxatives, and the aged body sells nothing but vitamins.

Ever since men first realized that they weren't getting any younger, they've searched for a key, a formula, a magic potion or the "elixir of life" that would prolong youth. Today, although somewhat more sophisticated, we display the same dream of immortality. We freeze our dead in hopes science will someday be able to revive them, or we ponder near-death space ships whose occupants will age only slightly as they voyage through the universe for thousands of earth years.

Meanwhile back on earth old people pile up in our society, comprising an ever-larger percentage of the population and revealing us to be no more than a societal Ponce de Leon, searching desperately for a Fountain of Youth, but finding nothing more than Florida, now a retirement center.

Gerontophobia

Gerontophobia, the fear of aging, is one of our most common diseases. Gerontophobia strikes young, life-loving people, but essentially a disease of the mind. Among the first symptoms is the formation of a mental stereotype such as the one at the beginning of this article.

Because of our cultural aversion to aging, we've neglected and overburdened the elderly, so if some old people are "doddering, depressed, tired or neurotic," as the stereotype goes, it could be because youth-land heaps more stresses upon the elderly than upon any other group.

We're "civilized," so we don't abandon our old to die as some cultures do. Nevertheless, our elderly account for more suicides than any other segment of the population.

The Lost Generation

The land of old age is the land of loss.

"Loss," more than any other word, sums up the stresses inflicted on the elderly. Loss of health and vitality. Loss of a long marriage partner. Loss of job and career. Loss of friends, social contacts, and prestige. And loss of money.

The land of old age is a poor land. Stepping across retirement's threshold often means a loss of income, while the retiree's "fixed" sources of income lie exposed to the ravages of inflation. The elderly comprise only ten percent of the population in the U.S., but they constitute 20% of the poor.

Many life options evaporate with the loss of income. Recreation, entertainment and travel become too expensive. Good food becomes too expensive. Adequate housing is also prohibitive. As the younger and richer population shifts away from the central cities, the elderly are left behind in the rundown crime ridden areas, because that's all they can afford.

More Than Money

On those rare occasions when our collective gerontophobia muster the courage to ponder solutions, it typically means along the lines of money. Since many of the "losses" outlined above are financially related, money is certainly an important consideration. But to focus predominantly on it is to say that the problems of the elderly are the concern primarily of economists, accountants and financial planners.

Such is not the case. Age-linked losses are imposed to a large extent by our culture, not from natural causes.

The foundational problem in our approach to the elderly is not monetary but attitudinal, deriving from panicking gerontophobia. The financial aspects of the problem simply illustrate that our money will never be where our hearts are not.

Emotionally, we've isolated many of the elderly and kept them sequestered as a huge, nearly invisible minority. For, among other reasons, they have come to represent that surest of prophecies: "It is appointed unto all men once to die."

-The Japanese Exception

Not every culture robs its old of their dignity. There are societies where the elderly aren't exposed to such plunder of neglect. Such instances usually are not just the result of wisely appropriated monies, but a matter of a refreshingly different approach toward aging and the aged.

In Japan, the elderly enjoy broader social and economic options, such as staying on the job if they choose. Instead, there has been very little decline among the Japanese elderly in the work force over the last 40 years. (During that same 40 years, the United States has been gradually but systematically phasing out many of the jobs of anyone who turns sixty.)

But the real difference between the Home of the Brave and the Land of the Rising Sun is more philosophical than statistical. Japan's tradition of confronting the aging cycle in a respectful manner surfaces everywhere, even in the following national law:

"The elderly shall be loved and respected as those who have for many years contributed toward the development of society, and a wholesome and peaceful life shall be guaranteed to them. In accordance with their desire and ability, the elderly shall be given opportunities to engage in suitable work or to participate in social activities.

Japan, however, is an exception among the richer nations. At the Western end of the "advanced" world, it's quite rare to muster such depth of feeling and commitment. The U.S. Social Security system makes possible some sort of retirement income for the elderly, but out of the Social Security concept has emerged that magic and tragic age of 65, the discard age, the date when your birth certificate automatically places you on any personnel officer's blacklist. Even if you have jogged five miles that morning and the personnel officer drops dead of a heart attack that night, it's your age that counts.

The Circle of Life

Like many other Eastern cultures, the Japanese possess the ability to see life as a circle. They see each life stage as part of the whole, with its own particular rewards and privileges. Those nearing completion of the circle find they still have a role to play with usefulness and respect.

Our Western myopia perceives life more like the path of a rocket. It reaches a certain high point and then declines until that moment of final, deadly impact. "First you're launched. Then you deliver your payload. Then you're old. Then you die."

The youthful, upward-thrusting rocket is a valuable asset, but after delivering its payload to maximum height, it suffers gradual destruction and total deactivation. As worthless, excess bulk that will be around just a short while longer, the rocketed-out rocket must carry on for any future, now to steadily decline through the social atmosphere. Despite being a nation of 215 million rocket trajectories, the U.S. has almost no role for the vehicle that has already delivered its payload. Thus the irony of the World Health Organization report that the elderly are at least relatively speaking, better off in poor countries than in rich ones - a slap in the Western nations' affluent face and a surprise, but only because our high evaluation of our society is based on what it offers the young and middle-aged, not on what it offers the old.

The Majority's Minority

In her monumental book, The Coming of Age, Simone de Beauvoir relates the widespread folk tale of a peasant man who makes his elderly father die of a wooden trough apart from the rest of his family. One day the peasant comes across his small son, who's fitting together some boards. "It's for you when you are old," explains the child.

The story illustrates an interesting point that our cultural nearsightedness often fails to bring into focus. The elderly suffer discrimination similar to that which many minorities have experienced, but the elderly minority is unique in that all who discriminate against it sooner or later will themselves become members of it (or at least they hope they live long enough to).

On first reflection we might think that, since we all grow old, it would be easier to attack the problems of the elderly than it has been to attack the problems of other minority groups. Such reasoning is not necessarily justified, however, when we consider that the main reason for discrimination toward the elderly is the very fact that we all do grow old. We fear it and prefer to avoid old people that remind us of that inevitability.

The Last Enemy

Death is still the "last enemy." We haven't lost our desire to discover a Fountain of Youth. The question is, can we quest after life and youth and at the same time come to terms with our own inevitable aging?

That question is part of a broader riddle: Can we advance to the new while still honoring the old? This fundamental question permeates all facets of human experience, not just the life cycle.

Gerontophobia is not only manifestation of our fear of death, but also a well-founded dread we experience after seeing all that "old age" connotes in our culture - poverty, loneliness, and rejection from that of third-class citizenship.

Some symptoms of gerontophobia will certainly linger as long as death remains on the enemy list. But while we can't walk with and enjoy the "valley of the shadow of death," our civilization would be more civilized if its elderly could say to David, "Surely goodness and mercy shall follow me all the days of my life."

WEEK ENDING JUNE 21, 1975
Life Begins at 40

by Neil Earle

"Youth looks to the future; old age looks to the past; and middle age looks worried!"

In a society where the accent tends to be laid on the cult of youth, many people would agree with that evaluation. Commodities and the entertainment media bombard men and women in their forties, fifties, and sixties with the not-so-subtle sell that they must look young again—"Take away those years." "Try our firming cream" or "Take away those battle lines in your face."

Teen-agers and those in their twenties rarely achieve a lasting harmony and stability. The body has matured, but the mind and the emotions are often fickle. They haven't yet been "broken in." Like the new, shiny automobiles they often crave, the "bugs" of youth are not all out yet. Drives, talents, and personality traits are not yet working harmoniously toward some life-long goal or vocation.

The young have not yet "put it all together." Most people the experience gained with the passage of time is a "debarking" process. At the Duke of Wellington remarked over one disastrous battle in his mid-twenties: "I learned what not to do, and that it always something." Some people in their mid-thirties find that a significant corner of their lives has been turned. As Callwood says, "The personality has put together enough experience to make sense judgments, enough vitality to love, a few fragments of clarity and courage, and a great deal of self-appraisal."

Throughout his forties and fifties Sir Winston Churchill was a disciplined, disinterested figure in England, and almost unknown throughout North America. Courageous and imaginative he certainly was, but, "To the public he presented a picture of the promising politician who had lost his chance, the brilliant speaker who was never quite sound enough" (Churchill, Alan Moorehead, page 46).

Churchill's years in the political wilderness sharpened his judgment, tempered his recklessness, and helped nurture his magnificent speeches that roused the English-speaking world in their darkest hour. What if Churchill had said, "Sorry, I'm 65. I'm retired. Get a younger man!"

Certainly the lives of Adenauer, De Gaulle, Chairman Mao, Einstein, Kruschev and others are eloquent testimony that youth isn't everything.

The apostle Paul summed it up in 1 Corinthians 13:11: "It's like this when I was a child I spoke and thought and reasoned as a child does. But when I became a man my thoughts grew far beyond those of my childhood, and now I put away childish things."

WALKING COULD SAVE YOUR LIFE

by Harry Sneider

Standing in line at the Ingleswood Forum were hundreds of cigarette smoking, overfed, anxiety-ridden sports fans. The big game for them was to get in! Once inside the lobby, I saw hundreds more sports fans gawking beer and soft drinks or eating hot dogs, hamburgers, pop corn and other commercialized, processed foods.

On the court, however, I saw twenty-five well-conditioned athletes warm-up for the coming game. They were dribbling, shooting, jogging, and chatting. They appeared to be really having a fine time.

By now thousands of eyes were concentrating on the court. Smoke began to fill the arena, beer was being swilled down, and refined foods eaten. This is a typical picture of the average American enjoying his exercise. We are a nation that takes its sports sitting down.

How about you? Take this simple test and find out where you stand,

1. Can you climb fifteen stair steps without becoming breathless?
2. How many clothing sizes have you outgrown since high school?
3. How much processed food are you eating each day?

Dr. Paul Dudley White, former doctor to President Eisenhower and one of the top cardiologists in the country, recommends 45 minutes a day of one of the following exercises, depending on your condition:

1. Walking
2. Jogging
3. Cycling
4. Swimming

The easiest and safest exercise to begin with is simple walking. If you can walk 30 minutes without too much effort, you are in pretty good shape. If you can fit into your high school wardrobe, you are in pretty good shape. If you can discipline yourself to resist refined foods, you should be in pretty good shape. If not, start by walking one block today, and add one block every day for two weeks till you reach fourteen blocks, or about one mile. Then feel your legs harden, your waist trim down, and your wind improve.

Walking is the start of a new way of life, a life you can't afford to lose.
Fact or Fiction?

WHAT, exactly, is the Bible? — a collection of myths? Fantasies? Truth? Skeptics scoff and ridicule it, but seldom read it. Professing Christians claim it's the inspired word of God — but they seldom read it either. Sunday morning preachers read it, but some admit they can't understand it!

Just what is the Bible? Here's a chance to either confirm your suspicions or change your mind. Write for your free copies of How to Study the Bible, and Read the Book.

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President Ford in Brussels

Curing the Fear of Aging

The Missing Dimension in Sex, Part III

NATO SUMMIT